

ABOUT 2-4 SERVINGS

## 5-INGREDIENT BLACK BEAN SOUP

This 5-Ingredient Black Bean Soup is full of great flavor, and ready to go in just 20 minutes!

PREP: 2 MINS COOK: 18 MINS TOTAL: 20 MINS

### INGREDIENTS:

- 3 (15 oz) cans black beans, with liquid
- 1 lb. (about 2.5 cups) good-quality salsa, homemade or store-bought (I love the brand Herdez)
- 1/2 cup chopped fresh cilantro, loosely packed (plus extra for garnish)
- 2 tsp. ground cumin
- 1 clove garlic, minced

### DIRECTIONS:

Stir all ingredients together in a medium saucepan. Heat over medium-high heat until simmering. Reduce heat to medium-low, cover and simmer for at least 10 minutes, stirring occasionally.

Serve soup warm topped with additional fresh cilantro as garnish.